

# Thank a Veteran for their Service



AmeriCorps & Aging & Independence Services need you on the **Respite Team**.

There are Veterans and Military Families of your community who need a short break from caring for a family member...



## YOU can Help

Become an AmeriCorps member  
with **Legacy Corps!**



Spend time providing respite for veterans and Military families and decrease caregiving burden and stress.

Provide: 450 Hours of service (approximately ten hours per week for one year)

You will receive: Training, experience and an Educational Award of \$1,493 per year of service. [www.LCsandiego.org](http://www.LCsandiego.org)

Contact Brian Rollins at (858) 505-6305 [brian.rollins@sdcounty.ca.gov](mailto:brian.rollins@sdcounty.ca.gov) for more information

